

Breakfast Menu

Assorted tropical fruit juices
Selection of cereals

Regular low fat and skimmed milk

Yoghurts

Fresh assorted tropical fruit platter

Soft scrambles eggs with smoked salmon and chives

Poached eggs cooked as you desire or boiled eggs

French toast with maple syrup

Freshly baked home made muffins

Whole wheat or white toast

Marmalade, strawberry jam and butter